

Unhush!

Sexual Abuse Awareness



Sexual Abuse Awareness for Parents of Abused Children Sixteen Week Class/ Group \$5 per Group Session

10200 Sepulveda Blvd #100, Mission Hills, CA 91345 • (818) 745 - 2515



**Excellent resource
for parents that have
their own sexual
abuse history!**

**Each group is tailored to the
special needs of the clients.**

**Call us to save a spot for you in this caregiver/
parent group ONLY!**

**Spanish Groups
Begin
Mondays 6 pm**

Low cost group for parents of children that have been sexually abused. Lead by Licensed MFTs! Psycho-education! Prevention! Peer support! Promote healing!

For Intake: Lina Aranovich

Contact Name: Groups@roadaheadfamily.com
Email Address: 818-745-2515

SPANISH & ENGLISH GROUPS

Issues Discussed:

- Understanding Trauma
- Coping with the parents feels
- Identifying symptoms
- Safety Planning
- Creating a safe environment
- Communication
- AND MORE!
- Sexual development
- Addressing Parent's sexual history
- Parental trauma
- Addressing losses
- Supporting the child's treatment team
- Discipline Methods and Limit Setting

