



Trauma-Informed Parenting

English and Spanish Groups!

Parenting Open Enrollment!
We award certificates



16 Psychotherapy Group/Pscho-education Sessions



Evenings and Weekends



Groups run by therapists

Email GetHelpNow@roadaheadfamilyservices.org

Contact (818) 745-2515

Location 10200 Sepulveda Blvd. #100
Mission Hills, CA 91345

Topics discussed include:

- Child development • Impact of Trauma on Development
- Self-esteem & your child • Creating a “safe” environment to heal
 - Emotional management • Conflict resolution
- Problem solving • School success • Effects of domestic violence
 - Separation • Social skills • Communication
- Effective discipline • Building parent-child relationships